

Achnamara Community Support

March 22 2020

Please feel free to contact any of the numbers on the list if you need help. I have not included neighbours who are self isolating long term for health reasons but have included neighbours who are self isolating for the short term following return from travel. They will let you know if they aren't able to help immediately.

Tasks - Shopping/ dog walking or other pet care/ collecting prescriptions/ basic tasks such as bringing in wood or putting out bins

Following discussion on the call, I have organised the list into 4 areas -

North of Village/ Village/ Inverlussa to Dunrostan/ Dunrostan to Kilmory Knap.

Please contact the number in BOLD first for your 'area' but everyone on the list is happy to help where they can if you can't get hold of the first contact on the list or they are busy

This is a trial so we can see how it goes and amend if necessary

If you want to add/ remove your name from the list at any time please email me ailsaraeburn@gmail.com.

Name	Telephone	Where based	
Moira Young	850265/ 07786 153053	North of village	
Colette and Steve Benham	850276	Village	Available at weekends
John and Tanya Jackson	850133 Tanya Mob 07769854989 John Mob 07730018882	Village	
Hazel Manson	850215/ 07799 757797	Village	
Kerrie and Andy Grant	850322	Village	
Catherine MacLennan	850270	Village	
Tim and Margaret Lister	850294	Inverlussa	
Alka Foster	850242	Ashfield	
Caroline Jeromson	carolinejeromson@gmail.com	Creag A Mhadhaidh	
Ailsa Raeburn	850335	Castle Sween	
Mike and Dulcie Raynor	850079	Castle Sween	
John Marsden	07763 579854	Kilmory Knap	